

Miss Olives  
Chicken Pasta Parmesan

# Nutrition Facts

1 servings per container

**Serving size** 1 Tray (198g)

**Amount Per Serving**

**Calories** **180**

**% Daily Value\***

**Total Fat** 4.5g **6%**

Saturated Fat 2g **10%**

*Trans* Fat 0g

**Cholesterol** 30mg **10%**

**Sodium** 400mg **17%**

**Total Carbohydrate** 22g **8%**

Dietary Fiber 2g **7%**

Total Sugars 5g

Includes 2g Added Sugars **4%**

**Protein** 14g

Vitamin D 0mcg **0%**

Calcium 110mg **8%**

Iron 1.3mg **8%**

Potassium 350mg **8%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.